



Your early learning guide for infants, toddlers and three-year-olds

— participant guide —

Module 3: Social & Emotional Development

Our session objectives:

- Describe secure attachment and explain the caregiver's role
- Create a strategy for responsive caregiving in a stressful situation
- List 4-5 items that can be included in the environment to promote self-awareness
- Compile best practices for peaceful and appropriate transitions
- Develop an inclusion strategy for a child with special needs

Attachment

CAREGIVER BEHAVIOR

ATTACHMENT STYLE

CHILD BEHAVIOR

Secure

Avoidant

Ambivalent / Resistant
Disorganized

Disorganized

Erick Erikson's Theory of Psychosocial Development

AGE

DEVELOPMENTAL STAGE

Activity 2 - Promoting Self-Awareness

List materials that would promote self-awareness for each age group

0-18 MONTHS	18-36 MONTHS	3 YEAR-OLDS

Positive Interactions

LEARNING ENVIRONMENT	NOTES
Atmosphere	

Room Arrangement	
Materials	
Organization	

ROUTINES	NOTES
Consistent	
Logical	
No waiting	

Activity 3 - Best Practices for Transitions

INTERACTIONS	NOTES
<i>Build Relationships</i>	
<i>Choices</i>	
<i>Redirection</i>	
<i>Avoid Power Struggles</i>	

Inclusion Strategies:

- Modify Environment
- Adjust Expectations
- Provide visual supports
- Communication

Activity 4 – Inclusion Scenario

Lakisha was born 6 weeks early and has been diagnosed with cerebral palsy. She is a very happy two- year-old who thrives through the closeness of her family. Lakisha is not able to walk, but with the help of an Early Childhood Intervention (ECI) therapist, she has learned to sit in an adapted chair with support. Susan, her teacher, knows that one of the goals in Lakisha’s Individualized Family Service Plan (IFSP) is to develop social skills with her same-age peers. But Lakisha shyly sits in her chair every day and simply watches the other children.

Lakisha has recently learned to feed herself with an adapted bowl and spoon. This has enabled her to have lunch with her friends. Mealtimes are a good time for developing language and social skills.

Inclusion Strategies

Action Plan

START DATE

WHAT CHANGES WILL I MAKE?

COMPLETED 

Notes:
