

Nutrition Theme

Written Expression (Shared Writing)



Materials

- Plates
- Cups
- Plastic food
- Serving Spoons
- Tablecloth
- Picnic basket

Procedure

- Place the picnic items in a picnic basket.
- Say, “We’re going on a picnic and here are some things that we need.”
- Pass the basket around and have each child pull out an item.
- Scaffold the children to name the items.
- If possible take the children on a real picnic at a local park or have them eat their sack lunch outside on the playground.
- When back in the classroom, ask, “What happened on our picnic?” Write the children’s responses on chart paper.

Extension

- Read a book about picnics such as *The Teddy Bear’s Picnic* by Jimmy Kennedy.
- Have the children draw a picture about the picnic and take their dictation.
- Have the children share their drawings/writing and display in the classroom.

Supplemental Activities